

CHRISTIAN GROWTH WORKBOOK

Walk by the Spirit

An 18-session workbook for leaving the works of the flesh and cultivating Spirit-formed character

Created by Totius Tamupopi Ndeutapo Shikulo

Founder, TTN Bible Scholar

DIGITAL EDITION - PERSONAL USE LICENCE

How to use this resource

Read the listed Scripture in its full context. Write honest answers, pray with understanding, and choose one responsible action. Return to difficult pages slowly and seek wise support when necessary.

Faith and safety

This resource provides Christian education, guided reflection and pastoral encouragement. It is not medical, mental-health, legal or crisis care and does not replace qualified professionals or emergency services. No healing, deliverance, relationship, financial or other outcome is guaranteed.

Licence

Licensed to one purchaser for personal, non-commercial use. You may save and print your copy. Do not share, upload, email, resell, redistribute, translate for distribution, remove the copyright notice or include it in another product or course. A separate church or group licence is required.

01 / Begin with honest surrender

READ: Galatians 5:1, 13

Christian freedom is not permission to return to sin. It is freedom to serve God and others in love.

Reflection and action

- What does this passage reveal about my present choices?
- What must I stop, start or continue this week?
- Who can support me with truth, prayer and accountability?
